

in•VOLved

Volunteer Opportunities

Holiday at the Rancho

Saturday, Dec. 5; 4:30 – 8:30 p.m.
Leo Carrillo Ranch Historic Park,
6200 Flying L.C. Lane



Blend the holiday spirit with a bit of western history at the Holiday at the Rancho event Saturday, Dec. 5, at Leo Carrillo Ranch Historic Park. Volunteer to assist with the tree

lighting ceremony, cookie decorating, face painting and pony rides. (Shhh – it’s a surprise, but Santa is planning to drop by.) To learn more, contact Natalie at natalie.alegre@carlsbadca.gov or 760-602-7511.

Volunteer Pool Drop-in Opportunity

Enjoy the convenience of a volunteer opportunity that happens on a drop-in basis. Sign up for the volunteer pool. You will receive occasional email blasts (less than one/month) from staff needing anything from a crew of people to collate a big mailing to a single person to watch over candidates taking tests for jobs with the city. When you receive the blast, you would need to reply only if available and interested. For more information contact Sue at sue.irey@carlsbadca.gov or 760-434-2929.

Students Get 2 MAD *in Carlsbad*

Teens looking to fulfill their volunteer service hour requirements connected with representatives from local non-profit and professional organizations at the Make a Date to Make a Difference (MAD2MAD) social for high school students on September 25th. This informative and lively event at Alga Norte Community Park made it easy for students to pick a cause based on how they'd like to serve.

From mentoring underserved youth to managing a bounce house at a family festival, attendees were able to choose their cause and sign up to make a difference.



Students gain knowledge of local resources while enjoying food, friends and an opportunity to win prizes.

Volunteering can – and should – be fun!



Keili Mceville (left) and Rebecca Wasko of Carlsbad High enjoy making the rounds. Keili, seen here holding a snake, has volunteered at Agua Hedionda Lagoon in the past. "I really like animals."



Jordan Lee (left) stopped by with his friend Preston Acevedo. They spent time chatting with folks from the Surfing Madonna Ocean Project, the Police Explorer program and others.

Liz Vidaurri of Carlsbad High, volunteers at the Boys and Girls Club Armory. She receives homework help after school, and on Wednesdays she does community service. "It's a really great program."

They've Found *a New Calling*



Kim Austin

- Who do you call when you want to
- take computer or dance class
 - learn how to use a smart phone
 - express your creativity through painting and photography
 - make new friends
 - secure a ride to a doctor's appointment

On any given shift, you never know what questions you'll be asked or what kind of help people need.

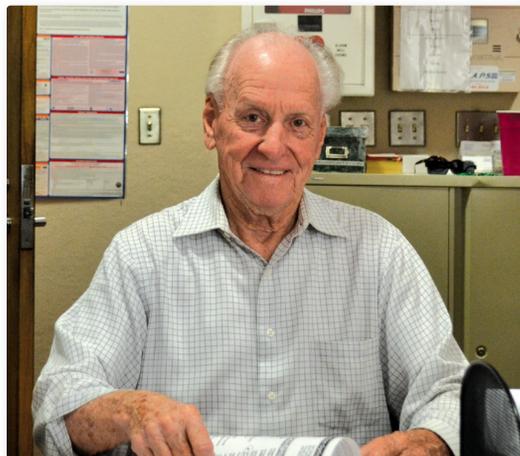
Volunteer Beverly Lorentsen says "Volunteering expands your mind."

and you want all of this for free?

The Carlsbad Senior Center offers hundreds of opportunities for personal growth, health assistance, delicious lunches and engaging activities. Dedicated volunteers like Beverly Lorentsen and Ki Nyborg are the friendly voices on the other end of the line when you make that call.

"I like to help people one-to-one. Most calls come from daughters, calling about their mothers. They want to know – what's

available for me to help my mom. It's sad and enlightening at the same time," Beverly explains. "I didn't even know some of these services existed. Volunteering expands your mind." Beverly "feeds off the good energy" at the center.



Kim Austin

Ki answers lots of questions and gives tours of the facility.

Ki Nyborg has always kept very busy. He and his wife worked in real estate for 30 years – days, nights, weekends – long hours. He retired in 2012. "No way I can retire and just sit and watch TV," says Ki. "I have to have a sense of purpose. I enjoy the interaction with so many people, the staff, the other volunteers, and the hundreds of seniors that enjoy the facility – and get important care and advice." Ki also tutors at the Learning Center two nights a week.

Senior Center staff member Kathy Copeland gets to work with this great crew. She praises Beverly and Ki for always being one step ahead and going beyond what is asked of them. She beams, "They are phenomenal! Everybody loves them!"



Teri Gordon

Sue Irey

The Carlsbad volunteer program has been honored recently by both a national and a local award. Nationally, Volunteer Coordinator Sue Irey was named Volunteer Administrator of the Year by the National Association for Volunteer Programs in Local Government. Locally, she has been awarded the Spirit of Carol Seligman Award from the North County Philanthropy Council. Congratulations to all of the volunteers who made these awards possible.

Around Carlsbad

Free Composting Workshop

Wednesday, Nov. 18; 6-8 p.m.

Agua Hedionda Lagoon Discovery Center
1580 Cannon Road

Backyard composting is an important strategy for managing discarded resources. Yard trimmings and food scraps, taken together, make up one of the largest components of residential discarded resources. Backyard composting is one of the most economical and effective methods of recycling these organic materials. To register, go to www.solanacenter.org/forms/agua-hedionda-lagoon-discovery-center-november-18-2015.

Enjoy Beautiful Art and Meet With the Artists

Saturday, Nov. 21; 5-7 p.m.

Cannon Art Gallery
1775 Dove Lane

The Cannon Art Gallery's seventh Invitational exhibition will feature the work of five San Diego County artists — selected by Curator Karen McGuire from the 2015 Juried Biennial. Featured artists are Dan Adams, David Hewitt, Michelle Montjoy, Leslie Nemour and Peggy Wiedemann. The exhibit runs from Nov. 22, 2015 – February 2016.

This issue of *in-VOLved* written by volunteer Kim Austin.


**City of
Carlsbad**
Volunteer Program
VolunteerInCarlsbad.net

To expand your volunteer involvement citywide, contact Sue Irey, volunteer coordinator sue.irey@carlsbadca.gov or 760-434-2929