

Happy Trails

SPRING/SUMMER 2019



UPCOMING Volunteer Opportunities

Trail volunteers are critical in maintaining and preserving our trails. Volunteering is also a great way to have fun, keep fit and learn about our natural environment, all while making a lasting contribution that benefits our community for generations.

- **Saturday, April 27**
Arbor Day (Coastal Rail Trail)
- **Wednesday, May 15**
Lake Calavera Preserve
- **Saturday, June 1**
National Trails Day Hike at Calavera Preserve
- **July/August**
No events

QUARTERLY TRAIL Volunteer Meetings

Want to find out more about the City of Carlsbad's trails program? Come to a trail volunteer meeting at the Carlsbad Senior Center, 799 Pine Ave. All meetings begin at 5 p.m.

- **Thursday, June 6**
- **Thursday, Sept. 5**

Check the city's website to confirm volunteer event dates, times and other details at www.carlsbadca.gov/trails.

Trail Volunteer *Appreciation Event*

On a rainy afternoon of Thursday, Dec. 6, 2018, approximately 30 trail volunteers and city staff came together at Pine Avenue Community Center to celebrate the past year's collective successes and dedicated work in improving the City of Carlsbad's trail network. Guests enjoyed dinner, desserts and homemade hot cider. Volunteers were recognized for their long-standing commitment to the trail program and for over 1,300 hours of volunteer service for the 2018 calendar year.



Are you someone who enjoys being out in the open space, giving back to your community, and doesn't mind getting your hands dirty?

If you are interested in becoming a trail captain please call 760-434-2826.

Recent Trail Work Events

Thanks to our dedicated trail volunteers who work side by side with city staff on the monitoring and maintenance of the city trail system.



Old Rancho Santa Fe Drive Trail

On Saturday, Dec. 8, 2018, approximately 35 volunteers, including trail captains, first time volunteers, local high school students and city staff, contributed nearly 90 hours of volunteer service by spending the morning cleaning up the beautiful Old Rancho Santa Fe Trail. All the volunteers worked hard to rake leaves, trim vegetation, repair the erosion at the trail entrance, add two new signage and replace all the rope fencing along the trail.

La Costa Glen Trail

On Saturday, Jan. 5, approximately 20 volunteers, captains and city staff dedicated about 45 hours of volunteer service at La Costa Glen Trail located in South Carlsbad. It was a great day for trail work, and the group helped with erosion repair, added several water bars, raked leaves, picked up trash and trimmed vegetation along the trail.



Lake Calavera Preserve

On Saturday, Jan. 26, Troop 750 Boy Scout Charlie Roth and a team of 15 volunteers spent the day installing fencing along a trail in the Lake Calavera Preserve. The 100 feet of fence, east of the lake, was installed to save the protected chaparral habitat and block illegal trails. More than 81 hours were spent preserving the unique environment of the preserve.



A LITTLE HISS-TORY ON SNAKES

Southern California provides an ideal climate for rattlesnakes, and the warm weather means that these venomous creatures will be out and about sharing our trails.

Three species of rattlers inhabit the coastal and mountain areas of the county, the Western, the Speckled and the Red Diamond rattlesnake. Unless you are quite familiar with the characteristics of different types of snakes, it's difficult to know if you come across something harmless or deadly, and even nonvenomous snakes can bite, causing painful wounds. The majority of snakebites occur when someone tries to capture a snake. Hospital emergency rooms say that about 50 percent of patients being treated for snakebite were trying to handle the reptile in some way.



While hiking on city trails, please remember the following:

- Keep your dog on a leash (6 feet or less)
- Wear sturdy, closed-toe shoes and long pants
- Do not wander off the trails especially into high grass, leaves or weeds
- Inspect logs and rocks before sitting
- If you encounter a rattlesnake on a trail, calmly back away and leave it alone
- Remember, rattlesnakes will not always sound off. If you reach into the wrong place and startle a rattler, they may bite without warning.

Although human encounters with rattlers are common, dogs are even more likely to have unpleasant confrontations.

Victims of rattlesnake bites should seek immediate medical attention at an emergency room. All San Diego emergency rooms have rattlesnake anti-venom, and it is likely you will make a full recovery.



If bitten by a rattlesnake:

- Call 9-1-1 immediately
- Try to remain calm to slow down the spread of venom
- Remove any constricting clothing or accessories such as rings or watches
- Restrict movement. DO NOT become overexerted. It may be necessary to be carried to safety
- If you cannot get to the hospital right away, lay or sit down with the bite below heart level
- Cover bite with clean, dry dressing
- DO NOT apply a tourniquet
- DO NOT cut the wound with a knife
- DO NOT try to suck out the venom
- DO NOT apply ice, compresses or immerse wound in water
- DO NOT drink alcohol or caffeinated beverages
- Monitor vital signs, treat for shock if necessary
- Only bring in a dead snake if it can be done safely. A dead rattle snake can "reflex bite" for several hours after it is dead.

Join us for a Group Hike on NATIONAL TRAILS DAY

The City of Carlsbad will celebrate National Trails Day on Saturday, June 1, from 8:30 to 11:30 a.m., with an educational group hike at Lake Calavera Preserve. A nature guided hike and other activities will be part of the morning's activities. Hear presentations about the natural habitat and wildlife that exist adjacent to the open space corridor along the trail and other ways trails enhance and benefit an active, healthy lifestyle here in Carlsbad.

Please check city's website for more information at www.carlsbadca.gov/trails





Featured Photo

Proud as a Peacock at Leo Carrillo Ranch Historic Park

Secluded in the heart of a magnificently landscaped canyon, this historic park is home to dozens of brilliant peacocks, romantic handcrafted adobe buildings, antique windmills and many other historic structures that represent a piece of California history. Recent restorations to the stables and chicken coop are now complete and provide new space for exhibits, special events and educational programs. Guided walking tours are available on weekends.

Volunteer Trail Captains

- Arroyo Vista – Tia Lanzetta
- Batiquitos Lagoon Trail – *Vacant*
- Carlsbad Oaks North Business Park – Sue Irey
- Coastal Rail Trail – Yovanni Maldonado
- The Crossings/Veterans Park – Shane Hohnstein
- El Fuerte/Bressi Ranch Trail – Patricia Linton
- Harbor Drive – John Barczyk
- Hidden Valley Trail – Joe Ferris
- Hosp Grove – Gary Nessim and John Rodenhausen
- La Costa Glen – Ed and Tricia Cerda
- La Costa Southern Preserve – April Frieda
- La Costa Valley – Debbie Phipps
- Lake Calavera – Diane Nygaard and Paige DeCino
- Melrose 55-Fioli Circle/East Ridgeline – *Vacant*
- Old Rancho Santa Fe Road – Richard L'Heureux
- The Ranch/Santa Fe Trail – *Vacant*
- Rancho Carrillo – Ramesh Sirsi (East) Sally & Will Willis (West)
- Ridgeline/La Costa Trail – Don Stapp
- Village H – Calavera Hills/Hidden Canyon Park – Tim Campbell
- Villagio – John F. Gillis
- Waters End – Jamie Hartnett

Citywide Trails Program *Mission Statement*

“Provide a trails system that ensures the recreational and leisure needs of Carlsbad residents while supporting the protection and preservation of open space in accordance with the City of Carlsbad General Plan.”



760-434-2826
www.carlsbadca.gov/trails