



LEO CARRILLO RANCH HISTORIC PARK

Leo Carrillo Ranch Historic Park is a unique setting to learn, play and explore and offers a variety of classes for all ages and interests. Enjoy a fun and memorable experience among the tranquil beauty of Carrillo Ranch.

YOGA

[Yoga Rascals](#) Come on a yoga adventure with Yoga Rascals! Classes are imaginative, creative, and designed for ages 5 – 10. Students learn a variety of yoga poses & poems as well as breathing and relaxation techniques.

[Yoga & Sound](#) Move through a series of yoga poses balancing strength and flexibility while promoting a state of peacefulness. Class concludes with a deeply relaxing sound bath meditation. Ages 16+

WRITING

[Creative Writing](#) Young writers ages 7-12 will observe, write, and explore the great outdoors in this hands-on, experiential afterschool program. Inspired by Leo Carrillo's book, *The California I Love*, participants will deepen their relationship to nature and identity through various types of writing.

[Reflect & Write](#) Join us once a month as we take in the beauty of the Ranch around us and allow it to inspire some reflective writing. Participants will observe, write, draw, and reflect on their own personal experiences to deepen their relationship to nature and self. Ages 16+

SPECIAL INTEREST

[Discovery Days](#) Join us for educational programs exploring animals, nature, and yoga designed for ages 2 to 5. Sessions will be interactive and engaging followed by free time socializing in the picnic area.

[Native Plants Talk](#) Learn the “new normal” concept of gardening and appreciation of native plants in the garden and the wild. Learn about some of the most iconic California native plants in this free all-ages class.

[Healthy Cooking](#) Gain hands-on experience making healthy foods, basic knowledge of nutrition and why some cooking methods are healthier than others. Ages 7 – 14

[Valentine's Day Workshop](#) Kids can make fun Valentine's Day themed crafts including paper, sticker and felt creations as well as embroidery and easy hand-sew projects. Ages 6 - 14

SEWING

[Sewing All Levels](#) This 75-minute class is designed to teach children how to sew by hand and by sewing machine. Students will learn the basics by completing a series of smaller projects. No experience is needed Ages 6+

[Sewing camps](#) Students will learn how to thread machines, sew, finish and iron seams, add closures like buttons, snaps and zippers. More experienced campers may choose to cut from a pattern and make a simple garment. Machines provided or bring your own. Ages 7-15