ARTS EDUCATION PROGRAM

LESSON PLAN

THEATER ACTIVITIES for Voice - Movement - Imagination

LESSON PLAN: Voice #4 (Sing As If)
AGES: 3-7
 # OF PARTICIPANTS: 1-10

DESCRIPTION: The goal of this exercise is to connect music to emotion. Singing a song with different emotions builds confidence and communication skills.

INSTRUCTIONS FOR VOICE:

STEP 1:
Choose a song all students are familiar with like, “Happy Birthday”, “The ABC Song” or “Mary Had a Little Lamb”.

STEP 2:
Sing the song one time together.

STEP 3:
Sing entire song in a specific emotion: happy, sad, angry, bored, and surprised.

STEP 4:
Choose a leader. Leader calls out an emotion. During the song, the leader calls out a new emotion for the singers to express. This can be done several times with different emotions.

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LESSON PLAN

LESSON PLAN: Movement #4 (Pass the Clap)
AGES: 3-7
 # OF PARTICIPANTS: 1-10

DESCRIPTION: The goal of this exercise is to connect movement and rhythm.

INSTRUCTIONS FOR MOVEMENT:

STEP 1:
Stand in a circle.

STEP 2:
The game starts by turning and clapping to the person next to you. Watch carefully and try to clap exactly at the same time.

STEP 3:
Then turn to the next person and clap together. This continues until it gets all the way around the circle. Try to keep a steady beat.

STEP 4:
Once everyone gets the hang of it, switch the direction.
*Ask students what they think rhythm is and talk about rhythm as being a beat that is repeated over and over; sometimes fast and sometimes slow.

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LESSON PLAN

LESSON PLAN: Imagination #4 (Expression through Music)
AGES: 3-7
 # OF PARTICIPANTS: 1-10

DESCRIPTION: Different music and sounds are used to spark emotion and imagination. This exercise encourages creativity and confidence.

INSTRUCTIONS FOR IMAGINATION:

STEP 1:
Create a playlist on any streaming music service (Apple Music, Spotify, YouTube) of songs of vast different styles, tempos and emotions. Here are some recommendations:

In the Mood by Glen Miller
Forest Thunderstorm by Weather Factory
Eclipse by Pink Floyd
Crickets and Frogs in the Swamp at Night by Nature Sounds
Overture to George Balanchine's The Nutcracker
Blitzkrieg Bop by the Ramones
Cantina Band by John Williams
Planet Claire by the B-52's

STEP 2:
Play one song at a time and encourage student to move and express the emotion of the music or sound all around the room.

STEP 3:
Change the song. Try to make each one as different from the next. Use sounds or songs.

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