ARTS EDUCATION PROGRAM

LESSON PLAN

THEATER ACTIVITIES for Voice - Movement - Imagination

LESSON PLAN: Voice #5 (Pant and Sirens)
AGES: 3-7
 # OF PARTICIPANTS: 1-10

DESCRIPTION: Sirens develop the higher notes for singing. Connecting the diaphragm and abs ensures proper projection.

INSTRUCTIONS FOR VOICE:

STEP 1:
Place your hand on your abs

STEP 2:
Pant like a dog. Start slow and speed up.

STEP 3:
Repeat "Ho Ho Ho" several times and make note of your abdominal movement.

STEP 4:
Imagine you are at a concert or sporting event and you are excited and yell "Whooo Hoooo".

STEP 5:
Imitate the sound of an ambulance siren. Keep your pitch high and your abs engaged in a pulsing motion. "Whooo Whooo"

City of Carlsbad
Cultural Arts

LESSON PLAN

LESSON PLAN: Movement #5 (I am a Magician)
AGES: 3-7
 # OF PARTICIPANTS: 2-10

DESCRIPTION: Movement imitation connects the mind and body and builds confidence.

INSTRUCTIONS FOR MOVEMENT:

STEP 1:
Choose one person in the group to be the Magician.

STEP 2:
The Magician says "I am a magician and I am turning you all into....." and chooses an object that can be acted out.

Examples:
- Car
- Mouse
- Airplane
- Bunny
- Bumble Bee

STEP 3:
Everyone moves around the room and pretends to be the object.

STEP 4:
Switch leaders so that everyone gets a turn at being the Magician.

ARTS EDUCATION PROGRAM

LESSON PLAN

LESSON PLAN: Imagination #5 (Listening and Reacting)
AGES: 3-7
 # OF PARTICIPANTS: 2-10

DESCRIPTION: This activity introduces students to acting. Just as in real life, we have to listen to what people are saying onstage and react in a real way.

INSTRUCTIONS FOR IMAGINATION:

STEP 1:
Choose one person to lead with a pretend statement and the others will react instinctually as if the statements were real.

Example:

- "We're having cupcakes at the end of the day today!"
- "I think I'm going to throw up!"
- "I'm giving you a ton of homework to do before tomorrow."
- "It's time to wash the car."
- "We're going to Disneyland!"
- "I am giving you each $100."

City of Carlsbad
Cultural Arts