# EMERGENCY Preparedness

## Let's Work **Together**

**The City of Carlsbad is committed to keeping our community safe, especially during an emergency.** In addition to our police, fire and other first responders, we have trained city staff as disaster service workers. We regularly hold drills to test our emergency plans and ensure we are ready.

For our community to be fully prepared, we need residents and business owners to support our efforts by being ready, too. It's easy if you follow these steps:

1. Make a plan
2. Prepare an emergency kit
3. Know what to do and where to go
4. Know where to get more information

## What's Inside

To get started, please review this basic emergency preparedness information:

- Make an emergency plan
- Prepare an emergency kit
- Stay or go? Evacuation tips
- Natural gas and power line safety
- Staying informed and important phone numbers
- Emergency preparedness resources

## San Diego County **emergency app**

The County of San Diego has a free app with emergency preparedness tips and a Carlsbad-specific section where important information will be available in an emergency. Be sure to download it today by visiting www.readysandiego.org.

**For information on preparedness for those with access and functional needs,** review San Diego County's Disaster Assistance Plan at www.readysandiego.org/resources/caregivers-disaster-plan.pdf

City of Carlsbad

# Get Ready!

**The best time to get prepared is before a disaster threatens your home or safety. Use these steps as a guide for getting ready.**

## Make a plan

- ☐ Designate a relative or friend as an out-of-area contact with whom family members can relay information.
- ☐ If you have children, involve them in the planning – let them be part of the process.
- ☐ Review and update your emergency supply kit and "important stuff" list periodically.
- ☐ Learn alternate ways out of your neighborhood, in case the usual way becomes blocked.
- ☐ Plan how you'll transport your pet – get a pet carrier if necessary.

## Prepare an emergency supply kit

During an emergency, you might not have time to shop or search for supplies, so have an emergency supply kit assembled. Your kit should include items you may need at home or if you have to evacuate. Store your kit in easy-to-carry containers such as backpacks or plastic crates. Keep a second emergency kit with essentials in your vehicle.

- ☐ A three-day water supply (1 gallon per person per day is recommended)
- ☐ A three-day food supply that won't spoil, and a way to open it
- ☐ One change of clothing and shoes per person
- ☐ One blanket or sleeping bag per person
- ☐ A first aid kit that includes family prescriptions
- ☐ Emergency tools
- ☐ Extra set of car keys
- ☐ Flashlight
- ☐ Extra batteries
- ☐ Battery-powered radio
- ☐ Special items for infants, elderly or disabled family members
- ☐ Pet transport carrier and leash
- ☐ Pet food for three days
- ☐ Goggles (for high wind or blowing embers)
- ☐ Face coverings
- ☐ Hand sanitizer
- ☐ Disinfecting wipes and/or spray
- ☐ Nitrile gloves
- ☐ Sunscreen

## Important stuff

Everyone has their own "important stuff" – things you don't want to forget in an emergency. Make a list now of the things important to you, and be ready to gather them in a moment's notice.

- ☐ Prescription medications
- ☐ Eyeglasses
- ☐ Important documents (birth certificates, passports, insurance papers and inventory, personal phone and address books, tax, school and vaccination records, photos, etc.)
- ☐ Jewelry
- ☐ Child's favorite toy, book or game
- ☐ External drive or computer backup
- ☐ Cash (in case ATMs are out of service)
- ☐ Cellphone and charger
- ☐ Laptop and charger

For a complete list of emergency preparedness kit items and other emergency planning information, visit **www.ready.gov**.

# Stay or Go?

**Depending on the emergency and your situation, you could be asked to either evacuate to a safe location or to "shelter in place," meaning stay where you are. Whether you shelter in place or evacuate, have your emergency kit available.**

## Evacuation tips

Monitor local media, city's social media, and the city and county websites for evacuation instructions. Sign up for Alert San Diego to receive information directly to your cellphone and email.

- Officials will determine the areas to be evacuated and safe areas to evacuate to Temporary Evacuation points. The first alert may come to your cellphone via wireless emergency alert, similar to "Amber Alert" calls. Follow their directions promptly.
- You will be advised of potential evacuations as early as possible. You must take the initiative to stay informed and aware. Listen to your radio/TV for announcements from law enforcement and emergency personnel. Local emergency radio stations are KOGO-AM 600 and KLSD-AM 1360.
- You may be directed to temporary evacuation point to await further transfer to a safe location with resources, like a shelter.
- During Santa Ana wind conditions, always be prepared to evacuate.
- Check with your homeowner or renters insurance to confirm "loss of use coverage" in case of immediate displacement
- Pre-identify hotels in historically safe locations and save contact information in smart phone
- Prepare for longer stays at temporary evacuation points, bring: blankets, folding chairs, lighting, packaged foods, water, shade, sunscreen, kid games, pet supplies and any needed medications
- Wear face coverings and maintain social distancing while at temporary evacuation points and shelters

**Those impacted by disaster can mark themselves "safe" or search for friends and family at www.safeandwell.org, a Red Cross website and a free tool that helps reunite loved ones during disasters.**

The **Community Emergency Response Team**, or **CERT**, is Carlsbad's neighbor-helping-neighbor program that mobilizes during an emergency. CERT volunteers work closely with the City of Carlsbad Fire Department. Visit **www.carlsbadca.gov/cert** to get involved. Whether you're a CERT member or not, please help your neighbors in an emergency.

# WATER TIPS

**Store a minimum of three gallons of emergency water per person**, and plan on using one gallon per person each day. If purified water is not available during an emergency, water should be boiled for one full minute. Let the water completely cool before use. Periodically rotate water and food supplies per manufacturer's instructions.

# Natural Gas and Power Line Safety

Carlsbad residents can experience power outages due to an earthquake, severe weather, fires, traffic accidents, rolling blackouts or a planned system upgrade.

For power outage or general information visit sdge.com. If you have a safety concern with electricity or gas, call 1-800-411-7343 or 9-1-1 in an emergency.

## Downed or broken power lines

- Stay clear of the line and do not touch it.
- Call 9-1-1.
- Always assume that power lines are energized. If a person has come into contact with a power line, don't touch the person or any equipment involved. The line may be still energized and could be extremely dangerous.
- Freeing a person or animal from energized power lines or equipment should only be attempted by a qualified electrical worker.

## Natural gas leak

If you smell a natural gas odor, hear the hissing sound of gas escaping or see other signs of a leak:

- REMAIN calm.
- DON'T light a match, candle or cigarette or use spark-producing devices.
- DON'T turn electrical appliances or lights on or off.
- From a safe location, call SDG&E at 1-800-411-7343 24 hours a day, seven days a week; or call 9-1-1.

City of Carlsbad
www.carlsbadca.gov

This information is provided as a public service by the City of Carlsbad Fire Department, providing fire protection, emergency medical and emergency preparedness services to our community.

# Stay Informed
# During an Emergency

Check the City of Carlsbad website **www.carlsbadca.gov** or the city's social media sites **www.twitter.com/carlsbadcagov** and **www.facebook.com/cityofcarlsbad** for the most current information and any evacuation or shelter information during an emergency. Other emergency information resources include:

- Local emergency radio stations: KOGO AM 600 or KLSD AM 1360
- www.sdcounty.ca.gov/oes
- www.dot.ca.gov for road conditions and closures

Avoid non-essential cellphone use during an emergency. Text messaging has proven to be more resilient during an emergency than voice communication.

## Important phone numbers

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|---|---|
| **Emergency** | **9-1-1** |
| **Electric or gas emergency** | **800-411-7343** |
| **Police (non-emergency)** | **760-931-2197** |
| **Fire Department (non-emergency)** | **442-339-2141** |
| **Information line** | **2-1-1** |

## Emergency preparedness resources

Additional emergency planning information and detailed checklists are available on the following websites:

**www.carlsbadca.gov/prepare**
**www.readysandiego.org**
**www.sdge.com**
**www.sdcountyemergency.com**
**www.redcross.org/preparedness**

## REGISTER FOR **AlertSanDiego**

Register your cellphone, Voice over Internet Protocol (VOIP) phone and email address with AlertSanDiego, the county's reverse 9-1-1 notification system. Visit **www.readysandiego.org** to sign up for this free service. This does not apply to land-line numbers, which are automatically registered.